

Ubuntu



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Human Rights Office

The month of April has reflected the hard work of our volunteers and is manifested in the various research papers and presentations produced. Journalism volunteer **Artur Caracciolo** gives us the PAHRO update.

Many of the volunteers have conducted research on important issues such as **Human Trafficking** and **Children's Rights** in South Africa and have done comparative studies on these subjects relying on legislation elsewhere in the world. This week, three of our volunteers are working on an article about **Prison Rape** in South Africa and the government's policies about this subject. Another interesting research project involved **the treatment of the babies that were born in prison**. The study focuses on the South African legislation compared to European legislation and will hopefully result in an article.



All the volunteers involved in the Legal Services Department work on legal cases, predominantly concerning refugee related matters. After a ruling of the High Court of the Western Cape in February 2010, the City of Cape Town has decided to close the safety sites Bluewaters site B and C and Youngsfield this month. This means that almost all refugees residing in these places are left destitute and concerned about their future. The volunteers at PAHRO are assisting them in an attempt to start a new life in South Africa. Every day new refugees arrive at PAHRO, requesting assistance, many of them are sleeping on the street or around the police stations and are fearful of xenophobic attacks by South African people. The PAHRO is monitoring their situation in an attempt to make sure that the refugees are protected and still enjoy their constitutional rights.

The journalism project also concentrates on the issue above. Many interviews have been conducted in the safety sites and an article was written about the difficult situation which the refugees find themselves in. Furthermore, the journalism project focuses on the social environment of the "Cape Flats" an area in Cape Town, where gangsters and drug addiction are the main issues. The prison life is almost inseparable from the gangs in South Africa and is an exciting topic to explore.

In the Social Justice Department, the volunteers are occupied with two main projects this month: **Bonnytown project** and **the School teaching project**. Bonnytown House is a so called 'place of safety' where young boys, between the ages of 14-17 who are awaiting trial are reformed. The volunteers are trying to teach the boys about their rights and how to deal with the reality of life after Bonnytown. In order to accomplish this, our volunteers present interactive workshops on a weekly basis.

The School teaching project (right) is very similar. The project takes place in different schools in the Cape Flats, an area of Cape Town. The volunteers provide the children with the tools for them to identify human rights issues in their communities. By doing this the volunteers are also able to monitor the human rights situation in their environment.



PROJECT ABROAD IN PICTURES



Khayelitsha Lookout Hill (left)

Volunteers from the Human Rights Office did a Social Justice trip to visit places where important events happened during Apartheid. Lookout hill gives a view over Khayelitsha, a black township.

March for Zoliswa (right)

Zoliswa was stoned, beaten and stabbed to death in front of her house by a gang of men for being a lesbian. The march was to demand justice for ZOLISWA NKONYANA and many nameless and faceless women and other vulnerable Lesbian, Gay, Bisexual, Transgendered and Intersex persons who have been raped, assaulted, victimized, shamed and killed for choosing to live their lives authentically and out – thereby challenging heteronormative values, heterosexist attitudes and patriarchal sites of power in society. Projects Abroad volunteers joined the march on 15th March 2010.



Cape Winelands Tour

Some volunteers indulged in the lovely winelands. ANJUMA KAMMANANKADA tells us about the trip.

The day began early for the seven eager wine tasters - some of us running to Archie's van with our half eaten breakfast.



The cloudless day brought promises of good weather as we drove to our first stop – KWV in the working town of Paarl. Here, we were met with an informative tour on the wine making process, though in the heat of the day all we really wanted to do was down as many glasses of cool, refreshing reds and whites!

The tour was followed by a light lunch at Backsberg Restaurant where the sizzling lamb roasting on a spit roast made us even more so in need of food.

Cheese and more wine tasting at Fairview, Franschhoek followed lunch. Whilst most people were entertained purely by their resident billy-goat, we were lucky to witness another entertainer – a flamboyant man on a buck's day out dressed in clothes which could only have been borrowed from Borat. Highly amused, we set off to enjoy our last stop of the day.

Set amongst a beautiful backdrop of rocky mountains and green vineyards, Mount Rochelle on Daniel Hugo Rd provided us with the perfect setting to finish off our wine tasting tour in a relaxed atmosphere.

Needless to say after the activities of the day, the trip back home was considerable quieter than the journey there. We sat in the summer heat, stomach's full and heads slightly buzzing from the various wines drunk, watching the stunning views of the vineyards fly by and understanding truly what it felt to be a fine wine connoisseur.



For Sale

Human Body-parts Trafficking

ANITA KARIR is a Pro-Volunteer, with an article on organ trafficking. Volunteering can be a lot of fun, but we also deal with serious human rights issues.

difficult to introduce legislation against this practice in South Africa. Therefore, it is vital that a definition for the trafficking of body parts be determined. The Mozambican Human Rights League has suggested the following:

Earlier this year, the Saturday Star reported that one in five people in South Africa's rural areas had had first-hand experience of a human body part being trafficked after a Muti killing.

Who are the traffickers and where are the body parts being trafficked from?

Traffickers range from crime syndicates to family members.

According to research carried out by the Human Rights League in Mozambique, trafficking of body parts occurs regularly both within Mozambique and across the border to South Africa. Also, from the results of this research it seemed that, when linking Mozambique and South Africa, the movement of body parts was always from Mozambique to South Africa, which means that Mozambique acts as a supplier and South Africa as a recipient.

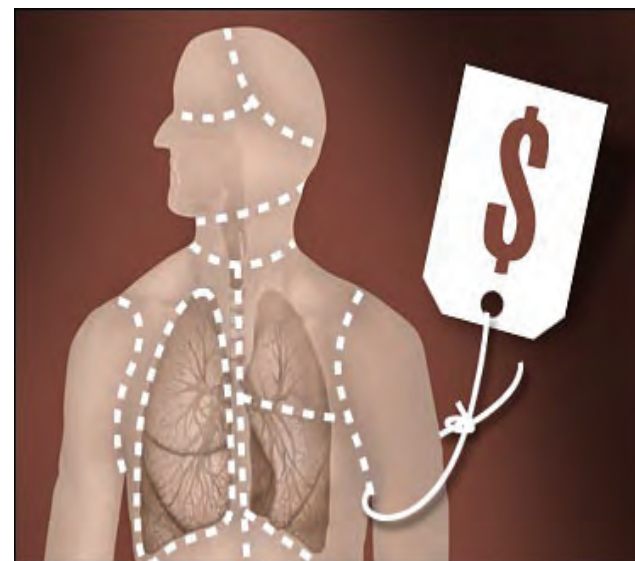
How will the 2010 FIFA Soccer World Cup affect the trade?

According to Simon Fellows, author of the survey results report, titled *Trafficking Body Parts in Mozambique and South Africa*, a rise can be expected in the trafficking of body parts ahead of the 2010 FIFA Soccer World Cup. Fellows said:

"There is a clear link between Muti and business. With the World Cup approaching, people we surveyed believe more people will be killed and their body parts used in Muti that is bought to ensure businesses prosperity".

What does the law state about the trafficking of body parts and what more needs to be done?

UN Human Rights law does not have a definition for the trafficking of body parts - only for the trafficking of people. As a result, it has proven



Transportation or movement of a body part, either across a border or within a country for the purpose of sale or commercial transaction is considered trafficking body parts.

In addition, traditional medicine in Southern Africa is not regulated as it is in Western medicine. Regulation of traditional medicine could result in fewer abuses.

Furthermore, as research has shown that supply of body parts is coming from Mozambique, more stringent security at South Africa's borders is important.

It may also be possible to reduce the demand through awareness raising activities within the affected communities and the supply, through initiatives with traditional healers associations, border officials and governments.

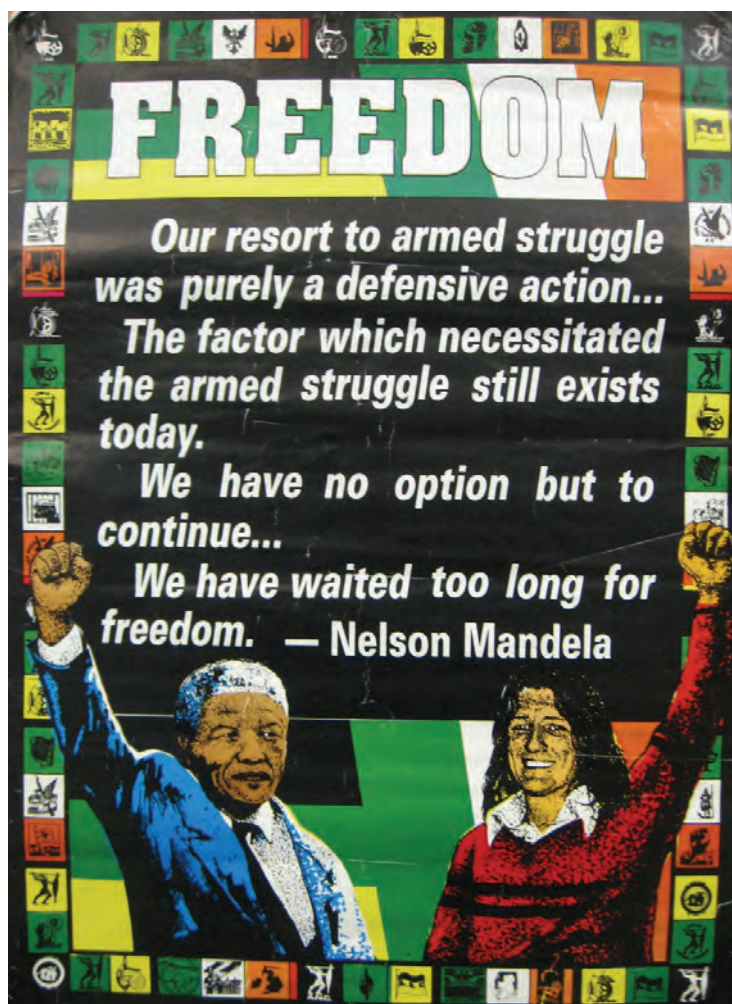
FREEDOM DAY

27 April 2010

Freedom Day marks the historical day in South Africa's history and commemorates the first democratic post-apartheid elections held in 1994. Nelson Mandela was elected as President of South Africa.

After many years of struggle and challenges for the black majority population fighting for equal rights as the white ruling minority, Freedom Day marks the moment in history when South Africa began its transition to a democratic nation. The 27th of April marks a monumental day when South Africans for the first time exercised their right to vote, including senior citizens that day would come where they could participate in a national election.

The African National Congress (ANC) has assumed the first democratic office ever since the election, Jacob Zuma was elected President last year for a fourth election since day and humbling back on the past 16 years of building a true Rainbow Nation, on a path to a non-racial, non-sexist country. It's also a day to remember the many lives lost for the struggle and the sacrifices people of all ages and racial backgrounds made for equality and freedom.



when South Africa to a democratic nation. April marks a monumental time in history exercised by millions of South Africans. Citizens waited in order to cast their vote, regardless of skin color. Senior citizens that day would come to participate in a national election.

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By Alyssa Myers

Heinz Park

Philippi

Lyndon Metembo writes about the Human Rights Awareness raising workshop held for Peer Leaders in Heinz Park, Philippi.

On the 21st of March, Projects Abroad Human Rights office was invited to facilitate a human rights awareness and skills development workshop for peer educators in Heinz Park, an informal settlement on the Cape Flats.

The workshop Cape Flats develop youth Disadvantaged educators in communities. on sexual STI's and HIV & year's focus on



was organised by the YMCA, they aim to from Historically Communities to be peer their school and in their While the focus is more health issues such as Aids they want this advocacy program to Human Rights.

The workshop to the youth influence the situations and

consisted of indicating how perceptions way you deal with how if you constantly

look at a situation in one way you invariably will make mistakes that has a detrimental effect on yourself and your communities.

Through ice-breakers they were taught how to think outside the box and not to restrict themselves to common ideas and principals. The next section dealt with South Africa and our path to democracy and equal human rights. Particular emphasis was placed on what our constitution was based on and how the South African Constitution benefits all residents and non-residents of South Africa.

The students were then challenged to develop their own Bill of Rights for a fictional country and present it to their peers who then asked questions about their views of Human Rights.

When the day was reviewed the students felt very positive and felt that they have learned a lot. Based on this workshop we now have a working relationship with the YMCA and we are rolling out a Human Rights Advocacy program in 11 schools on the Cape Flats.

An evening in Khayelitsha

Detlef Trick

"The only part of Cape Town that is truly Africa, is Khayelitsha", said Steven Otter, media officer for the Independent (ID) political party. He lived there for about a year and his first night was terrifying. He took a few months to overcome his initial fears, but eventually he felt safe.

In April 2010 volunteers from Projects Abroad visited this Township for dinner as one of the social events organized by one of the staff members, Ryanne. The dinner invitation received a great level of interest from volunteers. 17 young people from all over the world came to experience Khayelitsha. The excursion started at the Cape Town Station where the volunteers took a minibus to Khayelitsha. The first impression was the endless gathering of small shacks made of corrugated iron and wood along the N2. A lot of people were walking along the highway while others played soccer at the roadside. Such a sight is inconceivable for Europeans. When we arrived, we were warmly welcome by the lady of the house, Nontsasa, who had cooked us a wonderful dinner with chicken, rice, carrots, beans, bread and donuts. The shack we were in seemed larger than most, with a separate kitchen, living room and other rooms beyond. All the volunteers dined in the living room. After dinner the group visited a shebeen (or local bar) in the neighbourhood. Unfortunately the driver returned unexpectedly on time to pick up the volunteers - interrupting a game of pool. We returned to Cape Town Station after a wonderful evening.



Khayelitsha is a partially informal township on the outskirts of Cape Town in the Cape Flats. The name is Xhosa for *New Home*. It has become the fastest growing township in South Africa.

Recipe Corner

Snoek Braai

The last days of summer are upon us, and what better way to enjoy these balmy weekends than with the most South African meal: the braai.

You're probably aware that the South African diet, especially at the braai!, contains a lot of meat. This recipe makes a nice change, without compromising the vibe of a braai.

Snoek (pronounced 'snook') is a common deep-water fish, found off the Cape coast. It has large bones, which are easy to pick out.

Ingredients

- 1 large snoek
- 1 tin smooth apricot jam
- 3 cloves of crushed garlic
- 1 table spoon olive oil
- 1 table spoon soya sauce
- 1 lemon (juiced)
- Salt and pepper to taste

To make the marinade for the snoek, mix the above ingredients together, smear all over the fish and leave in the fridge until the fire is ready. Wrap the fish in aluminium foil (shiny side in!). Then braai until the sauce gets brown and sticky and bubbly. Serve with baby potatoes and a salad.



Upcoming Socials and Events

Shark Cage Diving

Saturday 15 May 2010

We will be picked up early in the morning and drive to Gansbaai where we will do the shark cage dive. After this we will have lunch and drive back to Cape Town.

Transport & Shark Dive & Breakfast & Lunch

For **1160,00 Rand**

RSVP ASAP but before Monday 10 May 2010. For Q's or RSVP's contact Ryanne on 0741919939!



Garden Route Trip

4, 5 and 6 June 2010

We leave Cape Town early morning. Our first stop is the **Cango Caves** in **Oudtshoorn**. After that we drive to **Wilderness** where we have dinner, visit the **night market** and spend the night. We then leave for Knysna. A visit to an **elephant sanctuary** or **Monkeyland** is optional. The next stop Tsitsikamma will provide an opportunity for **Zip Lining** through trees and over waterfalls. At the end of the day you'll be able to do the **highest bungee jump** in the world. We spend the night at Storms River and the morning we go on a **game drive** to see wild animals.

Depending on the number of people max **2300 Rand** pp, this includes:

Qualified guide, Cango Caves, Game drive, Accommodation, 2 breakfasts, 2 dinners

Optional: Monkeyland, Elephant Sanctuary, Bungee Jump, Zip Lining

RSVP ASAP but before Friday 28 May 2010. For Q's or RSVP's contact Ryanne on 0741919939!



PROFILE

Shuan

“You can call me Twinkle-Toes on the Weekends”

Solomons

Shuan is our Volunteer Coordinator, and is responsible for Teaching and Care Resources. You’ve probably met him; he’s a very busy man with pick-ups and projects. New Staff Member GISELA MADDEN sat down with him for a quick chat...

Shuan was volunteering at the crèche Rainbow for over 10 years when he joined Projects Abroad in February 2010. During school, he was in the Cadets for 6 years,

and had plans to go to the Navy, which didn’t work out, but he says, “I love my job!”

A typical day for Shuan is usually very, very busy, especially when volunteers are sick, or require various pick-ups, as they invariably do in these busy winter months. Sometimes it’s nice and quiet, and he’s just on call in case someone needs him. On these days, he helps out in the office, sorting out problems, and running to get things as needed. He also conducts the feedback interviews with the volunteers during their stay in Cape Town.

Asked if he had a favourite type of volunteer, he replied “No, I just try to make them all happy! Most volunteers are really nice. They ask me to go out with them, and we have fun. They say they feel safe with me around, which is good!”

He also plays rugby on weekends (hence the nick-name!) and manages the Super Lucky Stars soccer team.

Birthdate: 6th November 1989

Favourite food: lasagna

Favourite drink: fanta pineapple and grape; hunters